

VITAFORCE BIOTIN

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS

Unscheduled

PROPRIETARY NAME AND DOSAGE FORM

VITAFORCE BIOTIN tablets

READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU VITAFORCE BIOTIN is available without a doctor's prescription, for you to treat a mild illness. Nevertheless, you still need to use VITAFORCE BIOTIN carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share VITAFORCE BIOTIN with any other person.
- Ask your pharmacist if you need more information or advice.

WHAT VITAFORCE BIOTIN CONTAINS

The active substance is:
Vitamin H (Biotin) 300 µg

The other ingredients are:
Calcium hydrogen phosphate, croscarmellose sodium, magnesium stearate and microcrystalline cellulose.

WHAT VITAFORCE BIOTIN IS USED FOR

Category D Complementary Medicine
Discipline 34.11 Health Supplements. Vitamins

BEFORE YOU TAKE VITAFORCE BIOTIN

Do not take VITAFORCE BIOTIN if you are hypersensitive (allergic) to any of the ingredients. This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

PREGNANCY AND BREASTFEEDING

If you are pregnant or breastfeeding your baby, please consult your healthcare provider for advice before taking this medicine.

TAKING OTHER MEDICINES WITH VITAFORCE BIOTIN

Always tell your healthcare provider if you are taking any other medicine.

HOW TO TAKE VITAFORCE BIOTIN

Do not share medicines prescribed for you with any other person. Always take VITAFORCE BIOTIN exactly as instructed. You should check with your doctor or pharmacist if you are unsure.

The usual dose is:

Adults: Take 1 tablet daily, with food.

IF YOU TAKE MORE VITAFORCE BIOTIN THAN YOU SHOULD

In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

IF YOU FORGET TO TAKE A DOSE OF VITAFORCE BIOTIN

Do not take a double dose to make up for forgotten individual doses.

POSSIBLE SIDE EFFECTS

VITAFORCE BIOTIN can have side effects. Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your healthcare provider for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

STORING AND DISPOSING OF VITAFORCE BIOTIN

Store all medicines out of reach of children.
Store at or below 25 °C.
Store in the original package / container.
Keep the container tightly closed.
Protect from moisture.
Do not store in a bathroom.
Do not use after the expiry date stated on the label / carton / bottle.
Do not use VITAFORCE BIOTIN if you notice visible signs of deterioration.
Return all unused medicine to your pharmacist.
Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

PRESENTATION OF VITAFORCE BIOTIN

Amber round plastic jar containing 60 tablets in a carton.

IDENTIFICATION OF VITAFORCE BIOTIN

Small white round biconvex tablet.

REGISTRATION NUMBER

TBA

DATE OF REGISTRATION

TBA

PROFESSIONAL INFORMATION

For further information refer to the Professional Information of the product.

NAME AND ADDRESS OF REGISTRATION HOLDER

Ascendis Supply Chain (Pty) Ltd
1 Carey Street, Wynberg
Sandton, Gauteng 2090
South Africa
+27 11 036 9420

DATE OF PUBLICATION OF THE PROFESSIONAL INFORMATION

TBA

VITAFORCE BIOTIN

PASIËNTINLIGTINGSBLAADJIE

SKEDULERINGSSTATUS

Ongeskeduleer

HANDELSNAAM EN DOSEERVORM

VITAFORCE BIOTIN tablette

LEES DIE HELE INLIGTINGSBLAADJIE NOUKEURIG DEUR, DIT BEVAT BELANGRIKE INLIGTING VIR JOU. VITAFORCE BIOTIN is beskikbaar sonder 'n doktersvoorskrif en is 'n aanvullende (komplimentêre) medisyne. Jy moet egter nogsteeds VITAFORCE BIOTIN versigtig gebruik om die beste resultate te verkry.

- Hou hierdie vouiljet, dit mag dalk nodig wees om dit weer te lees.
- Moenie VITAFORCE BIOTIN met enige ander persoon deel nie.
- Raadpleeg jou apteker of gesondheidsorgpraktisyn indien jy meer inligting of advies benodig.

WAT VITAFORCE BIOTIN BEVAT

Die aktiewe bestanddele is:
Vitamiën H (Biotien) 300 µg

Die ander bestanddele is:
Kalsium-waterstofosfaat, croscarmellose-natrium, magnesiumsteraat en mikro-kristallyne sellulose

WAARVOOR VITAFORCE BIOTIN GEBRUIK WORD

Kategorie D Komplementêre Medisyne
Disipline 34:11 Gesondheidsaanvullings. Vitamiënes

VOORDAT VITAFORCE BIOTIN GEBRUIK WORD

Moenie VITAFORCE BIOTIN gebruik indien jy hipersensitief (allergies) is vir enige van die bestanddele nie. Hierdie ongeregistreerde medisyne is nie deur SAHPRA geëvalueer vir sy gehalte, veiligheid of beoogde gebruik nie.

SWANGERSKAP EN BORSVOEDING

Raadpleeg jou dokter, apteker of gesondheidsorgpraktisyn voordat jy hierdie medisyne gebruik indien jy swanger is of jou baba borsvoed.

AS JY ANDER MEDISYNE SAAM MET VITAFORCE BIOTIN NEEM

Stel altyd jou gesondheidsorgpraktisyn in kennis indien jy enige ander medisyne gebruik.

HOE OM VITAFORCE BIOTIN TE GEBRUIK

Moenie jou medisyne met enige iemand anders deel nie. Neem VITAFORCE BIOTIN altyd presies soos aanbeveel. Bevestig met jou dokter of apteker indien jy onseker is.

Die normale dosis is:

Volwassenes: Neem 1 tablet daaglik met ete.

INDIEN JY MEER VITAFORCE BIOTIN GEBRUIK AS WAT JY BEHOORT

Indien oordosering vermoed word, raadpleeg onmiddellik jou dokter of apteker. Indien geeneen beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.

INDIEN JY VERGEET HET OM VITAFORCE BIOTIN TE NEEM

Moenie 'n dubbele dosis neem om vir oorgeslane dosisse te vergoed nie.

MOONTLIKE NEWE-EFFEKTE

VITAFORCE BIOTIN kan moontlik newe-effekte veroorsaak. Nie alle newe-effekte wat vir hierdie medisyne aangemeld is word in hierdie vouiljet genoem nie. Indien jou algemene gesondheid verswak of indien jy enige nadelige effekte ondervind terwyl jy hierdie medikasie gebruik, moet jy asseblief jou dokter, apteker of ander gesondheidsorgpraktisyn raadpleeg.

Indien jy enige newe-effekte waarneem wat nie in hierdie vouiljet genoem word nie, moet jy jou dokter of apteker daarvan vertel.

BERGING EN WEGDOEN VAN VITAFORCE BIOTIN

Bewaar alle medikasie buite bereik en sig van kinders.
Bewaar teen of benede 25 °C.
Bewaar in die oorspronklike houër.
Maak die houër dig toe.
Beskerm teen vog.

Moenie die produk in die badkamer bewaar nie.
Moenie na die vervaldatum wat op die houër aangedui is, gebruik nie.
Moenie VITAFORCE BIOTIN gebruik indien jy enige sigbare tekens van produkafbraak opmerk nie.
Besorg enige ongebruikte medisyne terug aan jou apteker.
Moenie van ongebruikte medisyne ontslae raak in dreine of rioolstelsels nie (bv. toilette).

AANBIEDING VAN VITAFORCE BIOTIN

Ronde plastiek amberkleurige houër wat 60 tablette bevat in 'n karton houër

IDENTIFIKASIE VAN VITAFORCE BIOTIN

Klein wit ronde bikonvekse tablet

REGISTRASIONOMMER

TBA

DATUM VAN PUBLIKASIE

TBA

PROFESIONELE INLIGTING

Verwys na die vouiljet met professionele inligting vir meer inligting.

NAAM EN BESIGHEIDSADRES VAN DIE HOUER VAN DIE REGISTRASIESERTIFIKAAT

Ascendis Supply Chain (Pty) Ltd
1 Carey Street, Wynberg
Sandton, Gauteng 2090
South Africa
+27 11 036 9420

DATUM VAN PUBLIKASIE VAN DIE PROFESSIONELE INLIGTING

TBA

VITAFORCE BIOTIN

PROFESSIONAL INFORMATION

SCHEDULING STATUS

Unscheduled

PROPRIETARY NAME AND DOSAGE FORM

VITAFORCE BIOTIN tablets

COMPOSITION

Each tablet contains:
Vitamin H (Biotin) 300 µg

Inactive ingredients:

Calcium hydrogen phosphate, croscarmellose sodium, magnesium stearate and microcrystalline cellulose.
Sugar free

PHARMACOLOGICAL CLASSIFICATION

Category D Complementary Medicine
Discipline 34.11 Health Supplements. Vitamins

PHARMACOLOGICAL ACTION

Biotin helps the body to metabolise carbohydrates, fats and proteins. Biotin contributes to normal energy-yielding metabolism, normal functioning of the nervous system, normal psychological function and maintains normal hair, skin and mucous membranes.

INDICATIONS

Biotin helps the body to metabolise carbohydrates, fats and proteins and contributes to the maintenance of normal hair and skin. Biotin is indicated as a health supplement where a poor dietary intake of biotin exists.

CONTRAINDICATIONS

There are no known contraindications.

WARNINGS AND SPECIAL PRECAUTIONS

Do not use this product if you are hypersensitive (allergic) to any of the ingredients. If you are on any medication or suffering from any medical condition, it is advisable to seek medical advice before starting any new medicine, supplement or remedy. Do not exceed recommended dosage(s) unless on the advice of a healthcare practitioner. This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use

INTERACTIONS

There are no known interactions.

HUMAN REPRODUCTION

VITAFORCE BIOTIN is safe for use during pregnancy and lactation.

DOSAGE AND DIRECTIONS FOR USE

Adults: Take 1 tablet daily with food.

SIDE EFFECTS

There are no known side effects.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

Treatment should be symptomatic and supportive. In the case of accidental overdose of the product, contact the nearest hospital or poison control centre.

IDENTIFICATION

Small white round biconvex tablet.

PRESENTATION

Amber round plastic jar containing 60 tablets, in a carton

STORAGE INSTRUCTIONS

Store at or below 25 °C.
KEEP OUT OF REACH OF CHILDREN.

REGISTRATION NUMBER

TBA

DATE OF REGISTRATION

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NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION

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