

VITAFORCE ORIGINAL SCHWEDEN-BITTER

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS

Unscheduled

PROPRIETARY NAME AND DOSAGE FORM VITAFORCE ORIGINAL SCHWEDEN-BITTER, liquid

READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU

VITAFORCE ORIGINAL SCHWEDEN-BITTER is available without a doctor's prescription, for you to treat a mild illness. Nevertheless, you still need to use VITAFORCE ORIGINAL SCHWEDEN-BITTER carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share VITAFORCE ORIGINAL SCHWEDEN-BITTER with any other person.
- Ask your health care provider or pharmacist if you need more information or advice.

WHAT VITAFORCE ORIGINAL SCHWEDEN-BITTER CONTAINS

Each 100 g contains:

<i>Harpagophytum procumbens</i> (root)	10,0 mg
<i>Myristica fragrans</i> (Nutmeg) Pulv (tree)	10,0 mg
<i>Acorus calamus</i> L. (root)	8,0 mg
<i>Aloe ferox</i> Mill. Pulv	7,0 mg
<i>Angelica archangelica</i> L. Conc (root)	7,0 mg
<i>Curcuma zedoaria</i> (rhizome)	7,0 mg
<i>Manna nepalensis</i> D. Pulv (sap)	7,0 mg
<i>Rheum rhabarbarum</i> L. Conc (plant)	7,0 mg
<i>Senna alexandrina</i> Mill. Pulv (leaves)	7,0 mg
<i>Commiphora myrrha</i> Pulv (plant)	3,0 mg
<i>Dictamnus albus</i> L. (root)	3,0 mg
<i>Gentiana lutea</i> L. Conc (root)	3,0 mg
<i>Agaricus albus</i>	2,0 mg
<i>Carlina acaulis</i> L. Pulv (root)	2,0 mg
<i>Centaureum erythraea</i> Rafn (plant)	2,0 mg
<i>Myristica fragrans</i> (Macis Siau) Pulv	1,0 mg
<i>Tormentilla erecta</i> L. Conc (herb)	1,0 mg
D-Camphor nat.	800,0 µg
<i>Asarum europaeum</i> L. Pulv	280,0 µg
<i>Cinnamomum tamala</i> Pulv	140,0 µg
<i>Crocus sativus</i> L. (flower)	100,0 µg
<i>Elettaria cardamomum</i> L. Pulv (plant)	70,0 µg
<i>Ferrous Sulphate Heptahydrate</i>	70,0 µg

The other ingredients are:

Alcohol, honey, heavy kaolin, sweet wine, water purified
Contains Alcohol 40 % m/m

WHAT VITAFORCE ORIGINAL SCHWEDEN-BITTER IS USED FOR

Category D Complementary Medicine
Discipline: 33.6 Western Herbal Medicine

BEFORE YOU TAKE VITAFORCE ORIGINAL SCHWEDEN-BITTER

Do not take VITAFORCE ORIGINAL SCHWEDEN-BITTER if you are hypersensitive (allergic) to any of the ingredients. Do not give VITAFORCE ORIGINAL SCHWEDEN-BITTER to children. This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

PREGNANCY AND BREASTFEEDING

Do not use if pregnant or breastfeeding.

DRIVING AND USING MACHINERY

- VITAFORCE ORIGINAL SCHWEDEN-BITTER may make you feel drowsy/sleepy.
- Do not drive because VITAFORCE ORIGINAL SCHWEDEN-BITTER could interfere with your ability to drive safely.
- Do not operate any tools or machines.

IMPORTANT INFORMATION ABOUT SOME OF THE INGREDIENTS OF VITAFORCE ORIGINAL SCHWEDEN-BITTER

Contains Sugar: Honey 6,0 mg
Suitable for vegetarians.

Contains Alcohol: 40 % m/m.

VITAFORCE ORIGINAL SCHWEDEN-BITTER contains honey,

which may have an effect on the control of your blood sugar if you have diabetes mellitus.

TAKING OTHER MEDICINES WITH VITAFORCE ORIGINAL SCHWEDEN-BITTER

Always tell your healthcare provider if you are taking any other medicine.

HOW TO TAKE VITAFORCE ORIGINAL SCHWEDEN-BITTER

Do not share medicines prescribed for you with any other person. Always take VITAFORCE ORIGINAL SCHWEDEN-BITTER exactly as instructed. You should check with your doctor or pharmacist if you are unsure.

The usual dosage is:
Orally: Take 5 ml as is, or diluted in either a herbal tea or water, up to 4 times daily when necessary.

Externally: Apply VITAFORCE ORIGINAL SCHWEDEN-BITTER as a compress, diluted with an equal part water. Discontinue use if skin irritation occurs.

- Shake bottle before use.

IF YOU TAKE MORE VITAFORCE ORIGINAL SCHWEDEN-BITTER THAN YOU SHOULD

In the event of overdose, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

POSSIBLE SIDE EFFECTS

VITAFORCE ORIGINAL SCHWEDEN-BITTER can have side effects. Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your healthcare provider for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

STORING AND DISPOSING OF VITAFORCE ORIGINAL SCHWEDEN-BITTER

Store all medicines out of reach of children.

Store at or below 25 °C.

Keep the container in the outer carton.

Store in the original package / container.

Keep the container tightly closed.

Protect from moisture.

Do not store in a bathroom.

Do not use after the expiry date stated on the label / carton / bottle.

Do not use VITAFORCE ORIGINAL SCHWEDEN-BITTER if you notice visible signs of deterioration.

Return all unused medicine to your pharmacist.

Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

PRESENTATION OF VITAFORCE ORIGINAL SCHWEDEN-BITTER

An amber 50 ml bottle with a white screw cap.

A carton containing an amber 50 ml, 100 ml, 200 ml or 500 ml bottle with white screw cap.

IDENTIFICATION OF VITAFORCE ORIGINAL SCHWEDEN-BITTER

Due to the composition of natural herbal ingredients, the colour and taste of the product may vary and appear murky due to sedimentation.

REGISTRATION NUMBER

TBA

DATE OF REGISTRATION

TBA

PROFESSIONAL INFORMATION

For further information refer to the Professional Information of the product.

NAME AND ADDRESS OF REGISTRATION HOLDER

Ascendis Consumer Brands (Pty) Ltd
31 Georgian Crescent East
Bryanston, Gauteng 2191
South Africa
+27 11 036 9420

DATE OF PUBLICATION OF THE PROFESSIONAL INFORMATION

TBA

VITAFORCE ORIGINAL SCHWEDEN-BITTER

PASIËNTINLIGTINGSBLAADJIE

SKEDULERINGSSTATUS

Ongeskeduleer

HANDELSNAAM EN DOSEERVORM

VITAFORCE ORIGINAL SCHWEDEN-BITTER, vloeistof

LEES DIE HELE INLIGTINGSBLAADJIE NOUKEURIG DEUR, DIT BEVAT BELANGRIKE INLIGTING VIR JOU.

VITAFORCE ORIGINAL SCHWEDEN-BITTER is beskikbaar sonder 'n doktersvoorskrif om minder ernstige siektes te behandel. Jy moet egter nogsteeds VITAFORCE ORIGINAL SCHWEDEN-BITTER versigtig gebruik om die beste resultate te verkry.

- Hou hierdie vouiljiet, dit mag dalk nodig wees om dit weer te lees.
- Moenie VITAFORCE ORIGINAL SCHWEDEN-BITTER met enige ander persoon deel nie.
- Raadpleeg jou gesondheidsorganiëras van apteker indien jy meer inligting of advies benodig.

WAT VITAFORCE ORIGINAL SCHWEDEN-BITTER BEVAT

Elke 100 g bevat:

<i>Harpagophytum procumbens</i> (wortel)	10,0 mg
<i>Myristica fragrans</i> (Nutmeg) Pulv (boom)	10,0 mg
<i>Acorus calamus</i> L. (wortel)	8,0 mg
<i>Alwyn ferox</i> Mill. Pulv	7,0 mg
<i>Angelica archangelica</i> L. Conc (wortel)	7,0 mg
<i>Curcuma zedoaria</i> (rhizome)	7,0 mg
<i>Manna nepalensis</i> D. Pulv (sap)	7,0 mg
<i>Rheum rhabarbarum</i> L. Conc (plant)	7,0 mg
<i>Senna alexandrina</i> Mill. Pulv (blare)	7,0 mg
<i>Commiphora myrrha</i> Pulv (plant)	3,0 mg
<i>Dictamnus albus</i> L. (wortel)	3,0 mg
<i>Gentiana lutea</i> L. Conc (wortel)	3,0 mg
<i>Agaricus albus</i>	2,0 mg
<i>Carlina acaulis</i> L. Pulv (wortel)	2,0 mg
<i>Centaureum erythraea</i> Rafn (plant)	2,0 mg
<i>Myristica fragrans</i> (Macis Siau) Pulv	1,0 mg
<i>Tormentilla erecta</i> L. Conc (kruie)	1,0 mg
D-Camphor nat.	800,0 µg
<i>Asarum europaeum</i> L. Pulv	280,0 µg
<i>Cinnamomum tamala</i> Pulv	140,0 µg
<i>Crocus sativus</i> L. (blom)	100,0 µg
<i>Elettaria cardamomum</i> L. Pulv (plant)	70,0 µg
<i>Ferrous Sulfaat Heptahydrate</i>	70,0 µg

Die ander bestanddele is:

Alcohol, heuning, swaar kaolien, soetwyn, water gesuiver
Bevat Alkohol: 40 % m/m

WAARVOOR VITAFORCE ORIGINAL SCHWEDEN-BITTER GEBRUIK WORD

Kategorie D Komplementêre Medisyne
Dissipline: 33.6 Westerse Kruie

VOORDAT VITAFORCE ORIGINAL SCHWEDEN-BITTER GEBRUIK WORD

Moenie VITAFORCE ORIGINAL SCHWEDEN-BITTER gebruik indien jy hipersensitief (allergieë) is vir enige van die bestanddele nie. Moenie VITAFORCE ORIGINAL SCHWEDEN-BITTER vir kinders gee nie. Hierdie ongeregistreerde medisyne is nie deur SAHPRA geëvalueer vir sy gehalte, veiligheid of beoogde gebruik nie.

SWANGERSKAP EN BORSVOEDING

Moenie gebruik as u swanger is of borsvoed nie.

DIE BESTUUR EN GEBRUIK VAN MASJINEERIE

- VITAFORCE ORIGINAL SCHWEDEN-BITTER kan u lomerig / slaperig laat voel.
- Moenie ry nie, want VITAFORCE ORIGINAL SCHWEDEN-BITTER kan u vermoe om veilig te bestuur, belemmer.
- Moenie enige gereedskap of masjiene gebruik nie.

BELANGRIKE INLIGTING IN VERBAND MET SOMMIGE VAN DIE BESTANDEDELE IN VITAFORCE ORIGINAL SCHWEDEN-BITTER

Bevat suiker: Heuning 6,0 mg

Geskiik vir vegetariërs.

Bevat Alkohol: 40 % m/m.

VITAFORCE ORIGINAL SCHWEDEN-BITTER bevat heuning, wat 'n invloed kan hê op die beheer van u bloedsuiker as u diabetes mellitus het.

AS JY ANDER MEDISYNE SAAM MET VITAFORCE ORIGINAL SCHWEDEN-BITTER NEEM

Stel altyd jou gesondheidsorgpraktisyn in kennis indien jy enige ander medisyne gebruik.

HOE OM VITAFORCE ORIGINAL SCHWEDEN-BITTER TE GEBRUIK

Moenie jou medisyne met enige iemand anders deel nie. Neem VITAFORCE ORIGINAL SCHWEDEN-BITTER altyd presies soos aanbeveel. Bevestig met jou dokter of apteker indien jy onseker is.

Die normale dosering is:

Oraal: Neem 5 ml vloeistof onverdund met water of kruie-tee en drink tot 4 keer per dag soos nodig.

Uitwendige gebruik: Wend VITAFORCE ORIGINAL SCHWEDEN-BITTER aan met 'n gelyke deel water en gebruik as 'n kompres. Staak gebruik indien 'n vel-irritasie ontwikkel.

- Skud die bottel voor gebruik.

INDIEN JY MEER VITAFORCE ORIGINAL SCHWEDEN-BITTER GEBRUIK AS WAT JY BEHOORT

Indien oordosering vermoed word, raadpleeg onmiddellik jou dokter of apteker. Indien geneene beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.

MOONTLIKE NEWE-EFFEKTE

VITAFORCE ORIGINAL SCHWEDEN-BITTER kan moontlik newe-effekte veroorsaak. Nie alle newe-effekte wat vir hierdie medisyne aangemeld is word in hierdie voubljiet genoem nie. Indien jou algemene gesondheid verswak of indien jy enige nadelige effekte ondervind terwyl jy hierdie medikasie gebruik, moet jy asseblief jou dokter, apteker of ander gesondheidsorgpraktisyn raadpleeg. Indien jy enige newe-effekte waarneem wat nie in hierdie voubljiet genoem word nie, moet jy jou dokter of apteker daarvan vertel.

BERGING EN WEGDOEN VAN VITAFORCE ORIGINAL SCHWEDEN-BITTER

Bewaar alle medikasie buite bereik van kinders. Bewaar teen of benede 25 °C.

Bewaar die houër in die kartonverpakking.

Bewaar in die oorspronklike houër.

Maak die houër dig toe.

Beskerm teen vog.

Moenie die produk in die badkamer bewaar nie.

Moenie na die vervaldatum wat op die etiket / karton / bottel aangedui is, gebruik nie.

Moenie VITAFORCE ORIGINAL SCHWEDEN-BITTER gebruik indien jy enige sigbare tekens van produkafbraak opmerk nie. Besorg enige ongebruikte medisyne terug aan jou apteker. Moenie van ongebruikte medisyne ontslae raak in dreine of rioolstelsels nie (bv. toilette).

AANBIEDING VAN VITAFORCE ORIGINAL SCHWEDEN-BITTER

'n Amberkleurige 50 ml glasbottel met 'n wit skroefprop

'n Kartonverpakking met 'n amberkleurige 100 ml, 200 ml of 500 ml glasbottel met 'n wit skroefprop.

IDENTIFIKASIE VAN VITAFORCE ORIGINAL SCHWEDEN-BITTER

As gevolg van die samestelling van natuurlike kruie bestanddele, kan die kleur en smaak van die produk verskil en troebel voorkom as gevolg van sedimentasie.

REGISTRASIONOMMER

TBA

DATUM VAN REGISTRASIE

TBA

PROFESIONELE INLIGTING

Verwys na die voubljiet met professionele inligting vir meer inligting.

NAAM EN BESIGHEIDSAFRES VAN DIE HOUER VAN DIE REGISTRASIESERTIFIKAAT

Ascendis Consumer Brands (Pty) Ltd

31 Georgian Crescent East

Bryanston, Gauteng 2191

South Africa

+27 11 036 9420

DATUM VAN PUBLIKASIE VAN DIE PROFESIONELE INLIGTING

TBA

VITAFORCE ORIGINAL SCHWEDEN-BITTER

PROFESSIONAL INFORMATION

SCHEDULING STATUS

Unscheduled

PROPRIETARY NAME AND DOSAGE FORM

VITAFORCE ORIGINAL SCHWEDEN-BITTER, liquid

COMPOSITION

Each 100 g contains:

<i>Harpagophytum procumbens</i> (root)	10,0 mg
<i>Myristica fragrans</i> (Nutmeg) Pulv (tree)	10,0 mg
<i>Acorus calamus</i> L. (root)	8,0 mg
<i>Aloe ferox</i> Mill. Pulv	7,0 mg
<i>Angelica archangelica</i> L. Conc (root)	7,0 mg
<i>Curcuma zedoaria</i> (rhizome)	7,0 mg
<i>Manna nepalensis</i> D. Pulv (sap)	7,0 mg
<i>Rheum rhabarbarum</i> L. Conc (plant)	7,0 mg
<i>Senna alexandrina</i> Mill. Pulv (leaves)	7,0 mg
<i>Commiphora myrrha</i> Pulv (plant)	3,0 mg
<i>Dictamnus albus</i> L. (root)	3,0 mg
<i>Gentiana lutea</i> L. Conc (root)	3,0 mg
<i>Agaricus albus</i>	2,0 mg
<i>Carolina acaulis</i> L. Pulv (root)	2,0 mg
<i>Centaureum erythraea</i> Rafn (plant)	2,0 mg
<i>Myristica fragrans</i> (Macis Sjauw) Pulv	1,0 mg
<i>Tormentilla erecta</i> L. Conc (herb)	1,0 mg
D-Camphor nat.	800,0 µg
<i>Asarum europaeum</i> L. Pulv	280,0 µg
<i>Cinnamomum tamala</i> Pulv	140,0 µg
<i>Crocus sativus</i> L. (flower)	100,0 µg
<i>Elettaria cardamomum</i> L. Pulv (plant)	70,0 µg
Ferrous Sulphate Heptahydrate	70,0 µg

Inactive ingredients:

Alcohol, honey, heavy kaolin, sweet wine, water purified

Contains Alcohol: 40 % m/m

Contains Sugar: Honey 6,0 mg

Suitable for vegetarians.

PHARMACOLOGICAL CLASSIFICATION

Category D Complementary Medicine

Discipline: 33.6 Western Herbal Medicine

PHARMACOLOGICAL ACTION

This is a tonic made exactly as it was over 400 years ago by the famous Swedish physician, Dr. Samst. It contains over 20 special herbs, imported from Europe. VITAFORCE ORIGINAL SCHWEDEN-BITTER works as a digestive tonic, as it assists in the elimination of the body's waste products and toxins to help restore energy and vitality. Research shows that traditionally, herbs such as *Acorus calamus* L., *Carolina acaulis* L., *Dictamnus albus* L., *Elettaria cardamomum* L., *Gentiana lutea* L. and *Senna alexandrina* Mill. are used for digestive disorders including ulcers, gastritis, flatulence, dyspepsia and intestinal infections. *Asarum europaeum* L., D-Camphor nat., *Dictamnus albus* L. and *Tormentilla erecta* L. are traditionally used for inflammatory conditions.

INDICATIONS

It is recommended for: indigestion, constipation, headaches, nausea, rheumatic conditions, gout and hangovers.

CONTRAINDICATIONS

There are no known contraindications.

WARNINGS AND SPECIAL PRECAUTIONS

Do not use this product if you are hypersensitive (allergic) to any of the ingredients. If you are on any medication or suffering from any medical condition, it is advisable to seek medical advice before starting any new medicine, supplement or remedy. Do not exceed recommended dosage(s) unless on the advice of a healthcare practitioner. Contains honey which may have an effect on the glycaemic control of patients with diabetes mellitus. This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

INTERACTIONS

There are no known interactions.

HUMAN REPRODUCTION

Do not use if pregnant or lactating.

DOSAGE AND DIRECTIONS FOR USE

Orally: Take 5 ml as is, or diluted in either an herbal tea or water, up to 4 times daily when necessary. Externally: Apply VITAFORCE ORIGINAL SCHWEDEN-BITTER as a compress, diluted with an equal part water. Discontinue use if skin irritation occurs.

SIDE EFFECTS

There are no known side effects.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

Treatment should be symptomatic and supportive. In the case of accidental overdose of the product, contact the nearest hospital or poison control centre.

IDENTIFICATION

Due to the composition of natural herbal ingredients, the colour and taste of the product may vary and appear murky due to sedimentation.

PRESENTATION

An amber 50 ml bottle with a white screw cap.

A carton containing an amber 100 ml, 200 ml or 500 ml bottle with white screw cap.

STORAGE INSTRUCTIONS

Store at or below 25 °C.

KEEP OUT OF REACH OF CHILDREN.

REGISTRATION NUMBER

TBA

DATE OF REGISTRATION

TBA

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION

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