

VITAFORCE MENSVITE 50+

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS

Unscheduled

PROPRIETARY NAME AND DOSAGE FORM

VITAFORCE MENSVITE 50+ film-coated tablets

READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU
VITAFORCE MENSVITE 50+ is available without a doctor's prescription, for you to treat a mild illness. Nevertheless you still need to use VITAFORCE MENSVITE 50+ carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share VITAFORCE MENSVITE 50+ with any other person.

- Ask your pharmacist if you need more information or advice.

WHAT VITAFORCE MENSVITE 50+ CONTAINS

The active substance are:

Carovite™ complex supplying:

Beta-carotene	
equivalent to vitamin A	413 IU
Lutein	125 µg
Lycopene	750 µg
Zeaxanthin	125 µg
Vitamin A (as vitamin A acetate)	525 IU
Vitamin B1 (as thiamine mononitrate)	2,3 mg
Vitamin B2 (as riboflavin)	3 mg
Vitamin B3 (as nicotinamide)	12,5 mg
Vitamin B5 (as calcium-d-pantothenate)	5,8 mg
Vitamin B6 (as pyridoxine hydrochloride)	4,1 mg
Vitamin B7 (as biotin)	8 µg
Vitamin B9 (as folic acid)	250 µg
Vitamin B12 (as cyanocobalamin)	6,3 µg
Vitamin C (as ascorbic acid)	75 mg
Vitamin D3	100 IU
Vitamin E (as dl-alpha-tocopheryl acetate)	10 IU
Calcium (as calcium carbonate)	40 mg
Chromium (as chromium polynicotinate)	25 µg
Citrus bioflavonoids complex	5 mg
Copper (as copper gluconate)	750 µg
Glycine	6,25 mg
Iron (as ferrous fumarate)	2 mg
Lecithin	50 mg
L-alanine	6,25 mg
L-glutamic acid	6,25 mg
Magnesium (as magnesium oxide)	30 mg
Manganese (as manganese gluconate)	200 µg
Selenium (as selenomethionine)	12,4 µg
Zinc (as zinc gluconate)	12,5 mg

The other ingredients are:

Calcium hydrogen phosphate, calcium phosphate tribasic, castor oil, croscarmellose sodium, hydroxypropyl methylcellulose, iron oxide, magnesium stearate, mannitol, microcrystalline cellulose, polyethylene glycol, povidone, purified water, shellac, silicon dioxide, titanium dioxide

WHAT VITAFORCE MENSVITE 50+ IS USED FOR

Category D Complementary Medicine
Discipline 34.12 Health Supplements.
Multiple substance formulation
VITAFORCE MENSVITE 50+ is a unique two-phase release comprehensive multivitamin and mineral supplement for men, providing nutrients and antioxidants that helps:
Heart health
Testosterone level maintenance
Boost energy
Immune function

BEFORE YOU TAKE VITAFORCE MENSVITE 50+

Do not take VITAFORCE MENSVITE 50+ if you are hypersensitive (allergic) to any of the ingredients. This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

TAKING VITAFORCE MENSVITE 50+ WITH FOOD AND DRINK

VITAFORCE MENSVITE 50+ can be taken with food.

PREGNANCY AND BREASTFEEDING

This medicine is for males only.

IMPORTANT INFORMATION ABOUT SOME OF THE INGREDIENTS OF VITAFORCE MENSVITE 50+

VITAFORCE MENSVITE 50+ is sugar free

TAKING OTHER MEDICINES WITH VITAFORCE MENSVITE 50+

Always tell your healthcare provider if you are taking any other medicine.

HOW TO TAKE VITAFORCE MENSVITE 50+

Do not share medicines prescribed for you with any other person. Always take VITAFORCE MENSVITE 50+ exactly as instructed. You should check with your doctor or pharmacist if you are unsure.

The usual dose is:

Adult men: Take 2 tablets once a day with breakfast

IF YOU TAKE MORE VITAFORCE MENSVITE 50+ THAN YOU SHOULD

In the event of overdose, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

IF YOU FORGET TO TAKE A DOSE OF VITAFORCE MENSVITE 50+

Do not take a double dose to make up for forgotten individual doses.

POSSIBLE SIDE EFFECTS

VITAFORCE MENSVITE 50+ can have side effects. Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your healthcare provider for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

STORING AND DISPOSING OF VITAFORCE MENSVITE 50+

Store all medicines out of reach of children.

Store at or below 25 °C.

Keep the container in the outer carton.
Store in the original package / container.
Keep the container tightly closed.

Protect from moisture.

Do not store in a bathroom.

Do not use after the expiry date stated on the label and carton.

Do not use VITAFORCE MENSVITE 50+ if you notice visible signs of deterioration.

Return all unused medicine to your pharmacist.

Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

PRESENTATION OF VITAFORCE MENSVITE 50+

Amber, round, plastic bottle with a black cap containing 60 film-coated tablets enclosed in a Vitaforce branded cardboard carton.

IDENTIFICATION OF VITAFORCE MENSVITE 50+

Dark green, oblong-shaped, film-coated tablet

REGISTRATION NUMBER

TBA

DATE OF REGISTRATION

TBA

PROFESSIONAL INFORMATION

For further information refer to the Professional Information of the product.

NAME AND ADDRESS OF REGISTRATION HOLDER

Ascendis Supply Chain (Pty) Ltd
1 Carey Street, Wynberg
Sandton, Gauteng 2012
South Africa
T: +27 11 036 9420
E: healthinfo@ascendishealth.com
W: www.ascendis.co.za

DATE OF PUBLICATION OF THE PROFESSIONAL INFORMATION

TBA

VITAFORCE MENSVITE 50+

PASIËNTINLIGTINGSBLAADJIE

SKEDULERINGSSTATUS

Ongeskeduleer

HANDELSNAAM EN DOSEERVORM

VITAFORCE MENSVITE 50+ film-bedeekte tablette

LEES DIE HELE INLIGTINGSBLAADJIE NOUKEURIG DEUR. DIT BEVAT BELANGRIKE INLIGTING VIR JOU.

VITAFORCE MENSVITE 50+ is beskikbaar sonder 'n doktersvoorskrif en is aanvullende (komplimentêre) medisyne. Jy moet VITAFORCE MENSVITE 50+ egter nog steeds versigtig gebruik om die beste resultate te verkry.

- Hou hierdie voubljiet, dit mag dalk nodig wees om dit weer te lees.
- Moenie VITAFORCE MENSVITE 50+ met enige ander persoon deel nie.
- Raadpleeg jou apteker of gesondheidsorgpraktisyn indien jy meer inligting of advies benodig.

WAT VITAFORCE MENSVITE 50+ BEVAT

Die aktiewe bestanddele is:

Carovite™ kompleks bevattende:

Betakaroteen	
ekwivalent aan vitamien A	413 IU
Luteien	125 µg
Likopeen	750 µg
Zeaxantien	125 µg
Vitamien A (as vitamien A-asetaat)	525 IU
Vitamien B1 (as tiamienmononitraat)	2,3 mg
Vitamien B2 (as riboflavin)	3 mg
Vitamien B3 (as nikotienamied)	12,5 mg
Vitamien B5 (as kalsium-d-pantotenaat)	5,8 mg
Vitamien B6 (as piridoksienhidrochloried)	4,1 mg
Vitamien B7 (as biotien)	8 µg
Vitamien B9 (as foliensuur)	250 µg
Vitamien B12 (as sianokobalامين)	6,3 µg
Vitamien C (as askorbiensuur)	75 mg
Vitamien D3	100 IU
Vitamien E (as dl-alfa-tokoferielasetaat)	10 IU
Kalsium (as kalsiumkarbonaat)	40 mg
Chroom (as chroom polinikotinaat)	25 µg
Sitrus bioflavonoïede kompleks	5 mg
Koper (as koperglukonaat)	750 µg
Glisien	6,25 mg
Yster (as ysterfumararaat)	2 mg
Lestien	50 mg
L-alanien	6,25 mg
L-glutamiensuur	6,25 mg
Magnesium (as magnesiumoksied)	30 mg
Mangaan (as mangaanglukonaat)	200 µg
Selenium (as selenometionien)	12,4 µg
Sink (as sinkglukonaat)	12,5 mg

Die ander bestanddele is:

Gesuiwerde water, Hidroksiepropiel-metielcellulose, kalsiumwaterstof-fosfaat, kasterolie, kroskarmellose natrium, lak, magnesiumstearaat, mannitol, mikrokrystalïyne sellulose, polietilënglikool, povidoon, silikondioksied, titaniumdoksied, tribasiese kalsiumfosfaat en ysteroksied.

WAARVOOR VITAFORCE MENSVITE 50+ GEBRUIK WORD

Kategorie D Komplementêre Medisyne
Discipline 34.12 Gesondheidsaanvulling.
Kombinasie Produk
VITAFORCE MENSVITE 50+ is 'n unieke 2-fase vrystelling tablet wat 'n volledige reeks multivitamiene en minerale vir mans bevat. Vitaforce Mensvite 50+ bevat voedingstowwe en anti-oksidante wat help met:

Die gesondheid van die hart
Handhawing van testosteroonvlakke
Energievlakke
Immuunfunksie

VOORDAT VITAFORCE MENSVITE 50+ GEBRUIK WORD

Moenie VITAFORCE MENSVITE 50+ gebruik indien jy hipersensitief (allergies) is vir enige van die bestanddele nie. Hierdie ongeregistreerde medisyne is nie deur SAHPRA geëvalueer vir sy gehalte, veiligheid of beoogde gebruik nie.

NEEM VAN VITAFORCE MENSVITE 50+ MET KOS EN DRANK

VITAFORCE MENSVITE 50+ kan saam met kos geneem word.

SWANGERSKAP EN BORSVOEDING

Hierdie medisyne word slegs vir mans aanbeveel.

BELANGRIKE INLIGTING IN VERBAND MET SOMMIGE VAN DIE BESTANDELE IN VITAFORCE MENSVITE 50+

VITAFORCE MENSVITE 50+ is suikervry.

AS JY ANDER MEDISYNE SAAM MET VITAFORCE MENSVITE 50+ NEEM

Stel altyd jou gesondheidsorgpraktisyn in kennis indien jy enige ander medisyne gebruik.

HOE OM VITAFORCE MENSVITE 50+ TE GEBRUIK

Moenie jou medisyne met enige iemand anders deel nie. Neem VITAFORCE MENSVITE 50+ altyd presies soos aanbeveel. Bevestig met jou dokter of apteker indien jy onseker is.

Die normale dosis is:

Volwasse mans: Neem 2 tablette een keer per dag met ontbyt.

INDIEN JY MEER VITAFORCE MENSVITE 50+ GEBRUIK AS WAT JY BEHOORT

Indien oordosering vermoed word, raadpleeg onmiddellik jou dokter of apteker. Indien geneen beskikbaar is nie, kontak die naaste hospitaal of gifteheersentrum.

INDIEN JY VERGEET HET OM VITAFORCE MENSVITE 50+ TE NEEM

Moenie 'n dubbele dosis neem om vir oorgeslane dosisse te vergoed nie.

MOONTLIKE NEWE-EFFEKTE

VITAFORCE MENSVITE 50+ kan moontlik newe-effekte veroorsaak. Nie alle newe-effekte wat vir hierdie medisyne aangemeld is word in hierdie bljiet genoem nie. Indien jou algemene gesondheid verswak of indien jy enige nadelige effekte ondervind terwyl jy hierdie medisyne gebruik, moet jy asseblief jou dokter, apteker of ander gesondheidsorgpraktisyn raadpleeg. Indien jy enige newe-effekte waarneem wat nie in hierdie bljiet genoem word nie, moet jy jou dokter of apteker daarvan vertel.

BERGING EN WEGDOEN VAN VITAFORCE MENSVITE 50+

Bewaar alle medisyne buite bereik van kinders.

Bewaar teen of benede 25 °C.

Bewaar die houer in die kartonverpakking.

Bewaar in die oorspronklike houer.

Maak die houer dig toe.

Beskerm teen vog.

Moenie die produk in die badkamer bewaar nie.

Moenie na die vervaldatum wat op die houer aangedui is, gebruik nie.

Moenie VITAFORCE MENSVITE 50+ gebruik indien jy enige sigbare tekens van produkafbraak opmerk nie.

Besorg enige ongebruikte medisyne terug aan jou apteker.

Moenie van ongebruikte medisyne ontslae raak in dreine of rioolstelsels nie (bv. toilette).

AANBIEDING VAN VITAFORCE MENSVITE 50+

'n Ronde, amberkleurige plastiek houer met 'n swart prop in 'n Vitaforce kartonverpakking, gevul met 60 film-bedeekte tablette.

IDENTIFIKASIE VAN VITAFORCE MENSVITE 50+

'n Donkergroen, langwerpige, film-bedeekte tablet.

REGISTRASIONOMMER

TBA

DATUM VAN PUBLIKASIE

TBA

PROFESIONELE INLIGTING

Verwys na die voubljiet met professionele inligting vir meer inligting.

NAAM EN BESIGHEIDSADRES VAN DIE HOUER VAN DIE REGISTRASIESERTIFIKAAT

Ascendis Supply Chain (Pty) Ltd

1 Carey Street, Wynberg

Sandton, Gauteng 2012

South Africa

T: +27 11 036 9420

E: healthinfo@ascendishealth.com

W: www.ascendis.co.za

DATUM VAN PUBLIKASIE VAN DIE PROFESSIONELE INLIGTING

TBA

VITAFORCE MENSVITE 50+

PROFESSIONAL INFORMATION

SCHEDULING STATUS

Unscheduled

PROPRIETARY NAME AND DOSAGE FORM

VITAFORCE MENSVITE 50+ film-coated tablets

COMPOSITION

Each tablet contains:

Carovite™ complex supplying:

Beta-carotene	
equivalent to vitamin A	413 IU
Lutein	125 µg
Lycopene	750 µg
Zeaxanthin	125 µg
Vitamin A (as vitamin A acetate)	525 IU
Vitamin B1 (as thiamine mononitrate)	2,3 mg
Vitamin B2 (as riboflavin)	3 mg
Vitamin B3 (as nicotinamide)	12,5 mg
Vitamin B5 (as calcium-d-pantothenate)	5,8 mg
Vitamin B6 (as pyridoxine hydrochloride)	4,1 mg
Vitamin B7 (as biotin)	8 µg
Vitamin B9 (as folic acid)	250 µg
Vitamin B12 (as cyanocobalamin)	6,3 µg
Vitamin C (as ascorbic acid)	75 mg
Vitamin D3	100 IU
Vitamin E (as dl-alpha-tocopheryl acetate)	10 IU
Calcium (as calcium carbonate)	40 mg
Chromium (as chromium polynicotinate)	25 µg
Citrus bioflavonoids complex	5 mg
Copper (as copper gluconate)	750 µg
Glycine	6,25 mg
Iron (as ferrous fumarate)	2 mg
Lecithin	50 mg
L-alanine	6,25 mg
L-glutamic acid	6,25 mg
Magnesium (as magnesium oxide)	30 mg
Manganese (as manganese gluconate)	200 µg
Selenium (as selenomethionine)	12,4 µg
Zinc (as zinc gluconate)	12,5 mg

Inactive ingredients:

Calcium hydrogen phosphate, calcium phosphate tribasic, castor oil, croscarmellose sodium, hydroxypropyl methylcellulose, iron oxide, magnesium stearate, mannitol, microcrystalline cellulose, polyethylene glycol, povidone, purified water, shellac, silicon dioxide and titanium dioxide
Sugar free

PHARMACOLOGICAL CLASSIFICATION

Category D Complementary Medicine
Discipline 34.12 Health Supplements. Multiple substance formulation

PHARMACOLOGICAL ACTION

Vitaforce Mensvite 50+ supplies vitamins, minerals, carotenoids and antioxidants assisting in restoring vitality and maintenance of good health.

INDICATIONS

VITAFORCE MENSVITE 50+ is a unique two-phase release comprehensive multivitamin and mineral supplement for men, providing nutrients and antioxidants that helps:

Heart health
Testosterone level maintenance
Boost energy
Immune function

CONTRAINDICATIONS

There are no known contraindications.

WARNINGS AND SPECIAL PRECAUTIONS

Do not use this product if you are hypersensitive (allergic) to any of the ingredients. If you are on any medication or suffering from any medical condition, it is advisable to seek medical advice before starting any new medicine, supplement or remedy. Do not exceed recommended dosages unless on the advice of a healthcare practitioner. This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

INTERACTIONS

There are no known interactions.

HUMAN REPRODUCTION

This product is for males only.

DOSAGE AND DIRECTIONS FOR USE

Adult men: Take 2 tablets once a day with breakfast

SIDE EFFECTS

There are no known side effects.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

Treatment should be symptomatic and supportive. In the case of accidental overdose of the product, contact the nearest hospital or poison control centre.

IDENTIFICATION

Dark green, oblong-shaped, film-coated tablet

PRESENTATION

Amber, round, plastic bottle with a black cap containing 60 film-coated tablets enclosed in a Vitaforce branded cardboard carton.

STORAGE INSTRUCTIONS

Store at or below 25 °C

KEEP OUT OF REACH OF CHILDREN.

REGISTRATION NUMBER

TBA

DATE OF REGISTRATION

TBA

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION

Ascendis Supply Chain (Pty) Ltd
1 Carey Street, Wynberg
Sandton, Gauteng 2012
South Africa
T: +27 11 036 9420
E: healthinfo@ascendishealth.com
W: www.ascendis.co.za

DATE OF PUBLICATION OF THE PROFESSIONAL INFORMATION

TBA

892475/00

A PROUD BRAND OF
 Ascendis HEALTH