



VITAFORCE NUTRI-B ENERGY TROPICAL EFFERVESCENT

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS

Unscheduled

PROPRIETARY NAME AND DOSAGE FORM

VITAFORCE NUTRI-B ENERGY TROPICAL, effervescent tablet

READ ALL OF THIS LEAFLET CAREFULLY BECAUSE IT CONTAINS IMPORTANT INFORMATION FOR YOU

A balanced diet is the most effective and safe way to achieve good nutrition, health, body composition as well as mental and physical performance. VITAFORCE NUTRI-B ENERGY TROPICAL is available without a doctor's prescription, for you to treat a mild illness. Nevertheless, you still need to use VITAFORCE NUTRI-B ENERGY TROPICAL carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share VITAFORCE NUTRI-B ENERGY TROPICAL with any other person.
- Ask your health care provider or pharmacist if you need more information or advice.

WHAT VITAFORCE NUTRI-B ENERGY TROPICAL CONTAINS

The active substance is:

Magnesium sulphate providing Magnesium (elemental)	500,0 mg 100,0 mg
Ascorbic acid (Vitamin C)	300,0 mg
Calcium carbonate providing Calcium (elemental)	253,8 mg 100,0 mg
Taurine	200,0 mg
L-Theanine	50,0 mg
Calcium d-pantothenate (Vitamin B ₅)	30,0 mg
Nicotinamide (Vitamin B ₃)	30,0 mg
Zinc sulphate monohydrate providing Zinc (elemental)	27,4 mg 10,0 mg
Riboflavin 5 phosphate sodium (Vitamin B ₂)	20,0 mg
Thiamine hydrochloride (Vitamin B ₁)	20,0 mg
Pyridoxine hydrochloride (Vitamin B ₆)	15,0 mg
Folic Acid	400,0 µg
d-Biotin (Vitamin H)	150,0 µg
Cyanocobalamin (Vitamin B ₁₂)	15,0 µg

The other ingredients are:

Citric acid, pineapple flavour, polyethylene glycol, sodium bicarbonate, sucralose, sunset yellow colourant

WHAT VITAFORCE NUTRI-B ENERGY TROPICAL IS USED FOR

Category D Complementary Medicine
Discipline 34.12 Health Supplements.
Multiple substance formulation

VITAFORCE NUTRI-B ENERGY TROPICAL provides an instant energy boost that lasts throughout the day. These great tasting fizzy enhance your mental focus, improve physical stamina and vitality, and reduce fatigue to help you cope with your daily activities. Each fizzy is also packed with B-complex vitamins to protect you from everyday stress.

- Energize your body, calm your mind
- Instant energy that lasts for hours
- Everyday stress protection
- Enhanced mental focus
- Sustained energy
- Contains B-complex vitamins to provide natural sustained energy and more vitality

BEFORE YOU TAKE VITAFORCE NUTRI-B ENERGY TROPICAL

Do not take VITAFORCE NUTRI-B ENERGY TROPICAL if you are hypersensitive (allergic) to any of the ingredients.

This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

PREGNANCY AND BREASTFEEDING

If you are pregnant or breastfeeding your baby, please consult your healthcare provider for advice before taking this medicine.

IMPORTANT INFORMATION ABOUT SOME OF THE INGREDIENTS OF VITAFORCE NUTRI-B ENERGY TROPICAL

Sugar free
Contains sweetener: Sucralose (zero-calorie artificial sweetener) 14 mg
Suitable for vegans and vegetarians.

TAKING OTHER MEDICINES WITH VITAFORCE NUTRI-B ENERGY TROPICAL

Always tell your healthcare provider if you are taking any other medicine.

HOW TO TAKE VITAFORCE NUTRI-B ENERGY TROPICAL

Do not share medicines prescribed for you with any other person. Always take VITAFORCE NUTRI-B ENERGY TROPICAL exactly as instructed. You should check with your doctor or pharmacist if you are unsure.

The usual dosage is:

Adults and children 14 years and older:
Take 1 tablet daily, dissolved in a glass of water

IF YOU TAKE MORE VITAFORCE NUTRI-B ENERGY TROPICAL THAN YOU SHOULD

In the event of overdose, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

IF YOU FORGET TO TAKE A DOSE OF VITAFORCE NUTRI-B ENERGY TROPICAL

Do not take a double dose to make up for forgotten individual doses.

POSSIBLE SIDE EFFECTS

VITAFORCE NUTRI-B ENERGY TROPICAL can have side effects. Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your healthcare provider for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

STORING AND DISPOSING OF VITAFORCE NUTRI-B ENERGY TROPICAL

Store all medicines out of reach of children.

Store at or below 25 °C.

Keep the container in the outer carton.

Store in the original package / container.

Keep the container tightly closed.

Protect from moisture.

Do not store in a bathroom.

Do not use after the expiry date stated on the label / carton / bottle.

Do not use VITAFORCE NUTRI-B ENERGY TROPICAL if you notice visible signs of deterioration.

Return all unused medicine to your pharmacist.

Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

PRESENTATION OF VITAFORCE NUTRI-B ENERGY TROPICAL

A carton containing one to three plastic tubes with 10 or 15 effervescent tablets

IDENTIFICATION OF VITAFORCE NUTRI-B ENERGY TROPICAL

A large, round, orange coloured, pineapple flavoured effervescent tablet.

REGISTRATION NUMBER

TBA

DATE OF REGISTRATION

TBA

PROFESSIONAL INFORMATION

For further information refer to the Professional Information of the product.

NAME AND ADDRESS OF REGISTRATION HOLDER

Ascendis Consumer Brands (Pty) Ltd
31 Georgian Crescent East
Bryanston, Gauteng 2191
South Africa
+27 11 036 9420

DATE OF PUBLICATION OF THE PROFESSIONAL INFORMATION

TBA



VITAFORCE NUTRI-B ENERGY TROPICAL EFFERVESCENT

PASIËNTINLIGTINGSBLAADJIE

SKEDULERINGSSTATUS

Ongekeduleer

HANDELSNAAM EN DOSEERVORM

VITAFORCE NUTRI-B ENERGY TROPICAL bruistablet

LEES DIE HELE INLIGTINGSBLAADJIE NOUKEURIG DEUR, DIT BEVAT BELANGRIKE INLIGTING VIR JOU.

Gevarieerde- getalanserde dieet is 'n effikiewe en veilige manier om goeie voeding te verkry, goeie gesondheid, liggaamsamestelling sowel as geestelike en fisieke prestasies. VITAFORCE NUTRI-B ENERGY TROPICAL is beskikbaar sonder 'n doktersvoorskrif om minder ernstige siektes te behandel. Jy moet egter nogsteeds VITAFORCE NUTRI-B ENERGY TROPICAL versigtig gebruik om die beste resultate te verkry.

- Hou hierdie voubljiet, dit mag dalk nodig wees om dit weer te lees.
- Moenie VITAFORCE NUTRI-B ENERGY TROPICAL met enige ander persoon deel nie.
- Raadpleeg jou gesondheidsorpraktisyn of apteker indien jy meer inligting of advies benodig.

WAT VITAFORCE NUTRI-B ENERGY TROPICAL BEVAT

Die aktiewe bestanddele is:

Magnesiumsulfaat	500,0 mg
verskat Magnesium (elementeel)	100,0 mg
Askorbien suur (Vitamien C)	300,0 mg
Kalsiumkarbonaat	253,8 mg
verskat kalsium (elementeel)	100,0 mg
Taurien	200,0 mg
L-Tianien	50,0 mg
Kalsium d-pantoteenaat (Vitamien B ₅)	30,0 mg
Nikotienamied (Vitamien B ₃)	30,0 mg
Sink sulfaat monohidraat	27,4 mg
verskat Sink (elementeel)	10,0 mg
Riboflavin 5-fosfaat natrium (Vitamien B ₂)	20,0 mg
Tiamienhidrochloried (Vitamien B ₁)	20,0 mg
Prindoksienhidrochloried (Vitamien B ₆)	15,0 mg
Folien suur	400,0 µg
d-Biotien (Vitamien H)	150,0 µg
Sianokobalamin (Vitamien B ₁₂)	15,0 µg

Die ander bestanddele is:

Stroensuur, pynappel geursel, poliëtleenglikol, natriumbikarbonaat, sukralose, sunset yellow kleursel

WAARVOOR VITAFORCE NUTRI-B ENERGY TROPICAL GEBRUIK WORD

Kategorie D Komplementêre Medisyne
Dissipline 34.12 Gesondheidsaanvulling.
Kombinasie Produk

VITAFORCE NUTRI B-ENERGY TROPICAL verskaf 'n onmiddelikke energie hupstoot wat ure duur. Hierdie aangename geur bruistablet verhoeg u geestelike fokus, verbeter fisieke uithouvermoë en lewenskrag, en verminder moegheid om u daaglikse aktiwiteite die hoof te bied. Elke bruistablet is vol B-kompleks vitamene om u te beskerm

teen elke dag se spanning.

- Gee jou liggaam krag, kalmeer jou gedagtes
- Onmiddelikke energie wat ure duur
- Verbeterderde gestelike fokus
- Volgehoue energie
- Bevat B-kompleks verskaf onmiddelikke energieverbetering wat die hele dag duur

VOORDAT VITAFORCE NUTRI-B ENERGY TROPICAL GEBRUIK WORD

Moenie VITAFORCE NUTRI-B ENERGY TROPICAL gebruik indien jy hipersensitief (allergies) is vir enige van die bestanddele nie.

Hierdie ongeregistreerde medisyne is nie deur SAHPRA geëvalueer vir sy gehalte, veiligheid of beoogde gebruik nie.

SWANGERSKAP EN BORSVOEDING

Raadpleeg jou dokter, apteker of gesondheidsorpraktisyn voordat jy hierdie medisyne gebruik indien jy swanger is of jou baba borsvoed.

BELANGRIKE INLIGTING IN VERBAND MET SOMMIGE VAN DIE BESTANDELE IN VITAFORCE NUTRI-B ENERGY TROPICAL

Suikervry

Bevat versoeter: Sukralose (geen kalorie kunsmatige versoeter) 14 mg

Geskik vir streng vegetariërs.

AS JY ANDER MEDISYNE SAAM MET VITAFORCE NUTRI-B ENERGY TROPICAL NEM

Stel altyd jou gesondheidsorpraktisyn in kennis indien jy enige ander medisyne gebruik.

HOE OM VITAFORCE NUTRI-B ENERGY TROPICAL TE GEBRUIK

Moenie jou medisyne met enige iemand anders deel nie.

Neem VITAFORCE NUTRI-B ENERGY TROPICAL altyd presies soos aanbeveel. Bevestig met jou dokter of apteker indien jy onseker is.

Die normale dosering is:

Volwasse nes en kinders 14 jaar en ouer:

Neem 1 tablet daaglik, opgelos in 'n glas water.

INDIEN JY MEER VITAFORCE NUTRI-B ENERGY TROPICAL GEBRUIK AS WAT JY BEHOORT

Indien oordosering vermoed word, raadpleeg onmiddellik jou dokter of apteker. Indien genees beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.

INDIEN JY VERGEET HET OM VITAFORCE NUTRI-B ENERGY TROPICAL TE NEM

Moenie 'n dubbele dosis neem om vir oorgeslane dosisse te vergoed nie.

MOONTLIKE NEWE-EFFEKTE

VITAFORCE NUTRI-B ENERGY TROPICAL kan moontlik newe-effekte veroorsaak. Nie alle newe-effekte wat vir hierdie medisyne aangemeld is word in hierdie voubljiet genoem nie. Indien jou algemene gesondheid verswak of indien jy enige nadelige effekte ondervind terwyl jy hierdie medikasie gebruik, moet jy asseblief jou dokter, apteker of ander gesondheidsorpraktisyn raadpleeg. Indien jy enige newe-effekte waarneem wat nie in hierdie voubljiet genoem word nie, moet jy jou dokter of apteker daarvan vertel.

BERGING EN WEGDOEN VAN VITAFORCE NUTRI-B ENERGY TROPICAL

Bewaar alle medikasie buite bereik van kinders.

Bewaar teen of benede 25 °C.

Bewaar die houër in die kartonverpakking.

Bewaar in die oorspronklike houër.

Maak die houër dig toe.

Beskerm teen vog.

Moenie die produk in die badkamer bewaar nie.

Moenie na die vervaldatum wat op die etiket / karton / bottel aangedui is, gebruik nie.

Moenie VITAFORCE NUTRI-B ENERGY TROPICAL gebruik indien jy enige sigbare tekens van produkafbraak opmerk nie. Besorg enige ongebruikte medisyne terug aan jou apteker. Moenie van ongebruikte medisyne ontslae raak in dreine of rioolstelsels nie (bv. toilette).

AANBIEDING VAN VITAFORCE NUTRI-B ENERGY TROPICAL

'n Kartonverpakking met een tot drie plastiekbus wat 10 of 15 bruistablette bevat.

IDENTIFIKASIE VAN VITAFORCE NUTRI-B ENERGY TROPICAL

'n Groot ronde, oranje kleur, pynappel gekeurde bruistablet

REGISTRASIE-NOMMER

TBA

DATUM VAN REGISTRASIE

TBA

PROFESSIONELE INLIGTING

Verwys na die voubljiet met professionele inligting vir meer inligting.

NAAM EN BESIGHEIDSADRES VAN DIE HOUER VAN DIE REGISTRASIESERTIFIKAAT

Ascendis Consumer Brands (Pty) Ltd

31 Georgian Crescent East

Bryanston, Gauteng 2191

South Africa

+27 11 036 9420

DATUM VAN PUBLIKASIE VAN DIE PROFESSIONELE INLIGTING

TBA



VITAFORCE NUTRI-B ENERGY TROPICAL EFFERVESCENT

PROFESSIONAL INFORMATION

SCHEDULING STATUS

Unscheduled

PROPRIETARY NAME AND DOSAGE FORM

VITAFORCE NUTRI-B ENERGY TROPICAL, effervescent tablet

COMPOSITION

Each effervescent tablet contains:

Magnesium sulphate	500,0 mg
providing Magnesium (elemental)	100,0 mg
Ascorbic acid (Vitamin C)	300,0 mg
Calcium carbonate	253,8 mg
providing Calcium (elemental)	100,0 mg
Taurine	200,0 mg
L-Theanine	50,0 mg
Calcium d-pantothenate (Vitamin B ₅)	30,0 mg
Nicotinamide (Vitamin B ₃)	30,0 mg
Zinc sulphate monohydrate	27,4 mg
providing Zinc (elemental)	10,0 mg
Riboflavin 5 phosphate sodium (Vitamin B ₂)	20,0 mg
Thiamine hydrochloride (Vitamin B ₁)	20,0 mg
Pyridoxine hydrochloride (Vitamin B ₆)	15,0 mg
Folic Acid	400,0 µg
d-Biotin (Vitamin H)	150,0 µg
Cyanocobalamin (Vitamin B ₁₂)	15,0 µg

Inactive ingredients: Citric acid, pineapple flavour, polyethylene glycol, sodium bicarbonate, sucralose, sunset yellow colourant
Sugar free

Contains sweetener: Sucralose (zero-calorie artificial sweetener) 14 mg

Suitable for vegans and vegetarians.

PHARMACOLOGICAL CLASSIFICATION

Category D Complementary Medicine

Discipline 34.12 Health Supplements.

Multiple substance formulation

PHARMACOLOGICAL ACTION

The stimulant-free formulation provides a natural, morning boost powered by a complex of B vitamins.

INDICATIONS

VITAFORCE NUTRI-B ENERGY TROPICAL multivitamin is the ultimate energy booster for ultra-performance of your body and mind. It contains B-complex vitamins to provide natural sustained energy and more vitality.

- Everyday stress protection
- Enhanced mental focus
- Sustained energy

CONTRAINDICATIONS

There are no known contraindications.

WARNINGS AND SPECIAL PRECAUTIONS

Do not use this product if you are hypersensitive (allergic) to any of the ingredients. If you are on any medication or suffering from any medical condition, it is advisable to seek medical advice before starting any new medicine, supplement or remedy. Do not exceed recommended dosage(s) unless on the advice of a healthcare practitioner. This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

INTERACTIONS

There are no known interactions.

HUMAN REPRODUCTION

Safety during pregnancy and lactation has not been established.

DOSAGE AND DIRECTIONS FOR USE

Adults and children 14 years and older:

Take 1 tablet daily, dissolved in a glass of water

SIDE EFFECTS

There are no known side effects.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

Treatment should be symptomatic and supportive. In the case of accidental overdose of the product, contact the nearest hospital or poison control centre.

IDENTIFICATION

A large, round, orange coloured, pineapple flavoured effervescent tablet.

PRESENTATION

A carton containing one to three plastic tubes with 10 or 15 effervescent tablets.

STORAGE INSTRUCTIONS

Store at or below 25 °C.

KEEP OUT OF REACH OF CHILDREN.

REGISTRATION NUMBER

TBA

DATE OF REGISTRATION

TBA

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION

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